

15. The topical composition according to claim 11 which is in the form of cream, gel, lotion, oil or spray.

16. The topical composition according to claim 11 further comprising one or more anti-cellulite agents.

17. The topical composition according to claim 16, wherein the anti-cellulite agent is a xanthine.

18. The topical composition according to claim 17, wherein the anti-cellulite agent is selected from the group consisting of caffeine, theophylline, theobromine, aminophylline and mixture thereof.

19. The topical composition according to claim 11 further comprising a vanadium compound.

20. A method of treating or preventing fatty deposits and cellulite comprising topically administering a conjugated linoleic acid or a derivative thereof (CLA).

21. A method of treating or preventing fatty deposits and cellulite comprising topically administering a cosmetic or dermatological composition comprising a conjugated linoleic acid or a derivative thereof (CLA).

22. The method according to claim 21, wherein the composition comprises from 0.5 to 70% by weight of CLA.

23. The method according to claim 22, wherein the CLA comprises a member selected from the group consisting of cis- and trans- isomers of 9,11-; 10,12-; and 11,13-octadecadienoic acid, and phospholipid, mono-, di- and tri-glycerides, ethers, esters, and salts thereof.